

BURIED TREASURE FRUIT SALAD

Prep Time: about 20 minutes

Ingredients:

- 2 sweet red apples (Gala, Fuji)
- 3 kiwis
- 2 cups seedless grapes (red or green)
- 1 cup blueberries
- 2 cups cantaloupe
- 2 oranges or tangerines
- 1 tablespoon fresh lemon or lime juice (Note: citrus juices keep apple from browning)
- Fresh mint (optional)



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Utensils:

- knife (You'll need help from an adult.)
- large bowl
- measuring cups and spoons

Directions:

1. Chop or cut all fruit into bit size pieces.
2. Mix together in a large bowl and serve chilled.

Serves: 4

Serving size: 1 cup



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